

Birth Arts International

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Childbirth Education Program Booklist

Reading List

You will have to choose 13 books from the book list. I know this seems like a lot of books, but it is essential that you are educated in a diverse and complementary format.

Birth Arts International Childbirth Education Book

Childbirth Education 3 Books

Childbirth Education: Practice, Research and Theory by Francine H. Nichols, Sharron Smith Humenick

The Adult Learner: The Definitive Classic in Adult Education and Human Resource Development (Managing Cultural Differences) by Ph.D., Malcolm S. Knowles

Teaching Natural Birth by Jan Whitcomb

Leading Antenatal Classes by Judy Priest, Judith Schott

Childbirth Education: A Nursing Perspective by Jeannette L. Sasmor

Birth and Parenting Skills: New Directions in Antenatal Education by Mary Nolan, Julie Foster

Maternity & Women's Health Care by Deitra Leonard Lowdermilk

Birth 3 Books

The Birth Book by William and Martha Sears

Pregnancy, Childbirth and the Newborn by Simkin, Whalley, and Keppler

The Pregnancy Book by Sears, Sears, & Holtskin

Childbirth without Fear: The Principles and Practice of Natural Childbirth by Michel Odent and Grantly Dick-Read

Ina May's Guide to Childbirth by Ina May Gaskin

Nutrition 1 Book

Nutrition for a Healthy Pregnancy by Elizabeth Somer

Nutrition in Pregnancy and Lactation by Worthington-Roberts, Vermeersch, & Williams

Breastfeeding 1 Book

The Nursing Mother's Companion by Kathleen Huggins

The Complete Book of Pregnancy and Childbirth by Shelia Kitzinger

The Womanly Art of Breastfeeding by LLL Interntional

Modern Birth, History and Practices 1 Book

Our Babies, Ourselves: How Biology and Culture Shape the Way We Parent by Meredith Small

Immaculate Deception II: Myth, Magic & Birth by Suzanne Arms

Pushed: The Painful Truth About Childbirth and Modern Maternity Care by Jennifer Block

Birth Crisis by S. Kitzinger

The Thinking Woman's Guide to a Better Birth by Henci Goer

Obstetric Myths vs. Research Realities by Henci Goer

Birth in Four Cultures : A Crosscultural Investigation of Childbirth in Yucatan, Holland, Sweden, and the United States by Brigitte Jordan

Interventions 1 Book

A Good Birth, A Safe Birth by Diana Korte and Roberta Scaer

Episiotomy and the Second Stage of Labor by Kitzinger and Simkin

The VBAC Companion by Diana Korte

Cesarean Birth & VBAC by Elizabeth Kaufman

Infant Demise 1 Books

When Hello Means Goodbye by Kirk and Schwiebert

Prenatal Testing and Disability Rights (Hastings Center Studies in Ethics) by Erik Parents and Adrienne Asch

Parenthood Lost: Healing the Pain after Miscarriage, Stillbirth, and Infant Death by Michael R. Berma

Empty Cradle, Broken Heart: Surviving the Death of Your Baby by Deborah L. Davis

Mothers with other issues 2 Books

Mother-To-Be: A Guide to Pregnancy and Birth for Women With Disabilities by Judith Rogers

When Survivors Give Birth- Penny Simkin

Video Suggestions

Birth Day Birth Day

Starring: Naoli Vinaver Lopez Director: Diana Paul; Frank Ferrel

What Babies Want

Starring: Noah Wyle; Joseph Chilton Pearce; Sobonfu Some'; David Chamberlain

Director: Debby Takikawa

We send students links to good videos to watch for free online often. Many of them are on Youtube.com

High Risk Pregnancy/ Infertility 1 Book

Manual of High Risk Pregnancy & Delivery by Judith Smith Harmon, Elizabeth S. Gilbert

Preterm Labor: Prevention and Nursing Management by Margaret Comerford Freda, Ellen Tate Patterson, Karla Damus

Obstetrics, Gynecology and Infertility: Handbook for Clinicians; Pocket Edition by John D. Gordon, Jan T. Rydfors, Maurice L. Druzin, and Yona Tadir

Taking Charge of Your Fertility, 10th Anniversary Edition: The Definitive Guide to Natural Birth Control, Pregnancy Achievement, and Reproductive Health